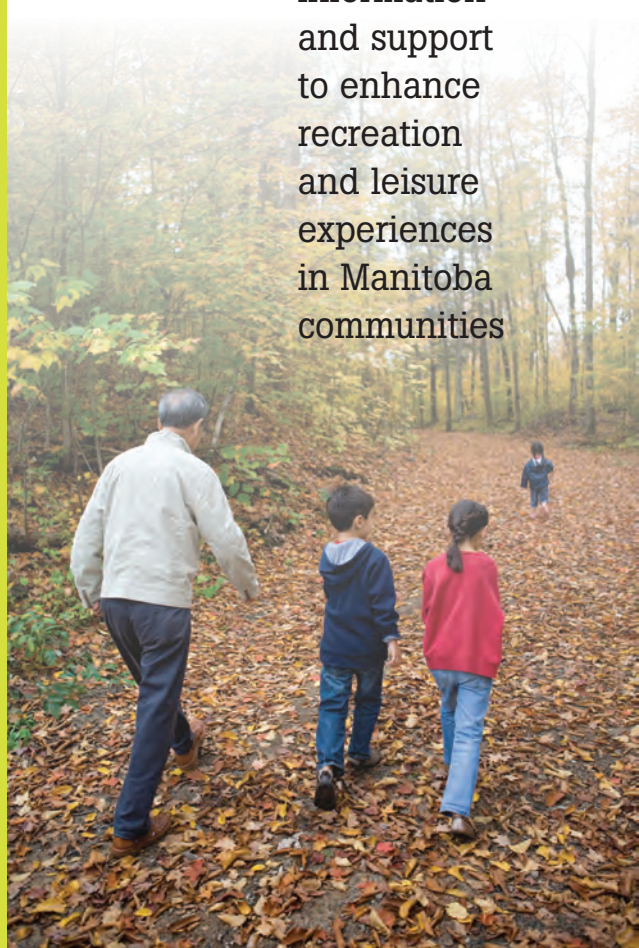


Working Together to Build Opportunities

Information and support to enhance recreation and leisure experiences in Manitoba communities



Recreation and Regional Services is a branch of Manitoba Healthy Living, Youth and Seniors. We offer advice, assistance and information about recreation funding, programs, planning and how to better meet the needs of Manitoba communities. We want to connect our services with organizations, groups and individuals who provide recreation to their communities. By working together, we can help Manitobans make the most of their leisure time.

Program Choices, Community Benefits

What people do in their leisure time is their choice. Whether they want to learn a new skill, get fit, enjoy nature or just have fun, participating in activities of interest has many benefits. Research shows that being active can add years to our lives, boost our brain power and improve our quality of life. And the more program choices that are offered, the more chances we have of making leisure time more interesting, enjoyable and meaningful.

Recognizing these benefits, the Manitoba government helps communities offer leisure choices with program and activity options and better ways to operate recreation facilities. With a provincial office in Winnipeg and seven regional offices across the province, the Recreation and Regional Services Branch provides support and information to assist the organizations and individuals that deliver recreation opportunities in our province.

Building Recreation Opportunities

We want to help provide quality recreation opportunities for Manitobans. Here's how:

- work with recreation directors, facility committees, museums, arts councils, libraries and others to provide more effective and efficient programs and services
- consult with community recreation organizations, including:
 - local government councils (a municipal council, community council or first nation council)
 - provincial and regional recreation organizations
 - community-based recreation organizations
 - recreation directors
 - facility boards/committees
 - related sector professionals (health, education, justice)
- provide planning tools such as needs assessments, environmental scans and development of mission and vision statements to help volunteer organizations:
 - operate more effectively
 - meet community needs
 - plan for the future
- improve communication among organizations in communities, across regions and throughout the province
- co-ordinate meetings and training opportunities for
 - facility operations
 - recreation programs
 - recreation management
 - board development
- provide volunteers and recreation leaders with information about funding opportunities and grants



For more information

Talk to us today about helping Manitobans make the most of their leisure time. Contact the Recreation and Regional Services office nearest you:

Winnipeg (Main Office)
3rd Floor, 800 Portage Ave.
Winnipeg MB R3G 0N4
Phone: 204-945-3766
Fax: 204-945-1684
Email: RRS@gov.mb.ca

Norman Region
59 Elizabeth Dr.
Thompson, R8N 1X4
Phone: 204-677-6784
Fax: 204-677-6862

79 3rd St. West
Box 2550
The Pas MB R9A 1M4
Phone: 204-627-8213
Fax: 204-627-8236

Central Region
225 Wardrop St.
Morden MB R6M 1N4
Phone: 204-822-5418
Fax: 204-822-2915
Toll-free: 1-866-346-5219

Parkland Region
27-2nd Ave., S.W.
Dauphin MB R7N 3E5
Phone: 204-622-2022
Fax: 204-638-6558

Eastman Region
20-1st St., South
P.O. Box 50
Beausejour, ROE OCO
Phone: 204-268-6018
Fax: 204-268-6070
Toll-free: 1-800-665-6107

Westman Region
146, 340-9th St.
Brandon MB R7A 6C2
Phone: 204-726-6066
Fax: 204-726-6583
Toll-free: 1-800-259-6592

Interlake Region
62 Second Ave.
P.O. Box 1519
Gimli MB ROC 1B0
Phone: 204-642-6006
Fax: 204-642-6080
Toll-free: 1-866-259-5748

