SASAGINNIGAK CANOE COUNTRY

Manitoba Department of Natural Resources
Parks Branch

LAKE WINNIPEG

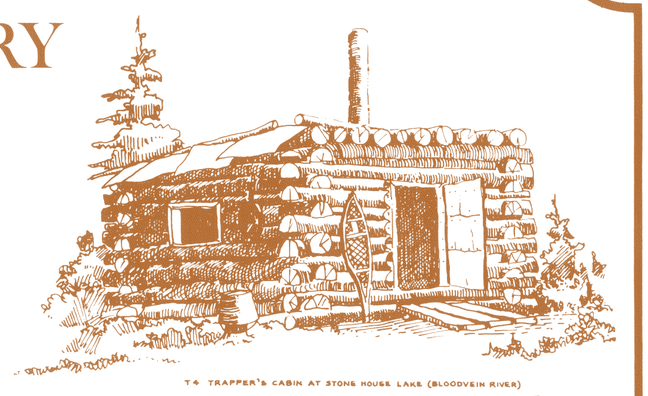
I.R.

AT CAMPSITES ALONG THE RIVERS AND ON PORTAGE TRAILS, BEAVER SKIN STRETCHERS ARE OFTEN SEEN MADE OF WILLOW STICKS, AND FASTENED TOGETHER WITH TWINE

GOOSE HEAD DECOY CARVED OUT FROM A ROOT OF A TREE.

LEGEND

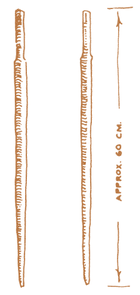
- D – DOGSKIN ROUTE
- B – BLOODVEIN ROUTE
- S-K – SHINING FALLS ROUTE (PART OF KAUTUNIGAN ROUTE)–FOR REMAINDER OF KAUTUNIGAN ROUTE REFER TO KAUTUNIGAN ROUTE MAP
- L – LEYOND ROUTE
- G – GAMMON ROUTE
- N – NO-NAME-LAKE ROUTE
- S – LITTLE SEAGULL ROUTE
- W – WASKIKTEPIGO (WATER LILLY) ROUTE
- P – LONG PORTAGE ROUTE
- F – FRIAR LAKE ROUTE
- T – TEA PAIL ROUTE



T4 TRAPPER'S CABIN AT STONE HOUSE LAKE (BLOODVEIN RIVER)

NOTE: FOR BERENS RIVER ROUTE SEE KAUTUNIGAN ROUTE MAP

RICE PICKING STICKS



A CONSIDERABLE AMOUNT OF WILD RICE GROWS IN THIS SASAGINNIGAK COUNTRY, AND IT IS NOT UNUSUAL TO FIND RICE PICKING STICKS LEFT BEHIND AFTER THE SEPTEMBER HARVEST

FIREWEED (EPILOBIUM ANGUSTIFOLIUM) SINGLE MULTILEAVED STALKS DECORATED WITH MAUVE FLOWERS. THE YOUNG STEMS CAN BE COOKED LIKE ASPARAGUS OR THE OLDER STALKS PEELED AND THEN EATEN RAW. THE YOUNG LEAVES CAN BE PREPARED IN A SORT OF SALAD. THE DRY LEAVES OF THE FIREWEED INFUSED IN THE BOILING TEA PAIL MAKE A PLEASANT DRINK.

B72 – BLOODVEIN RIVER INDIAN RESERVE–FORESTRY STATION
B71 – "FOUR BATTLE RAPIDS"–ROPED CANOES E. SIDE
B70 – INDIAN ROCK PAINTING OF MOOSE – ABOUT 4 FT. ABOVE WATER LINE
B69 – "EAGLESNEST RAPIDS"–PORT. 25 PACES N. SIDE
B68 – RAPIDS–PORT. 200 PACES–GOOD CAMP SPOT ON TRAIL
B67 – RAPIDS–SHOT
B66 – FAST WATER–SHOT
B65 – "KETTLE RAPIDS"–PORT. W. SIDE 160 PACES – NOTE 3 CIRCULAR HOLES, "KETTLES", IN ROCK DIRECTLY ABOVE BEGINNING OF FALLS ON TOP OF HIGH ROCK
B64 – RAPIDS – USED S. CHANNEL – ROPED CANOES
B63 – "STURGEON FALLS"–PORT. 50 PACES N. SHORE – ROPED–FAST WATER BELOW FALLS
B62 – SETS OF RAPIDS
B61 – FALLS – USED S. CHANNEL – SHORT PORT.
B60 – FALLS – USED N. CHANNEL – SHORT PORT.
B59 – NARROW CHANNEL – VERY FAST WATER
B58 – RAPIDS – SHOT
B57 – FALLS – TRAVERSE MARKER – PORT. 115 PACES N. SIDE

L36 – N. 1/2 OF "STURGEON FALLS" – PORT. 130 PACES S. SIDE
L35 – NARROW CHANNEL – VERY FAST WATER – ROPED N. SHORE
L34 – MOUTH OF LEYOND RIVER – RAPIDS – PORT. N. SIDE 100 PACES
L33 – SERIES OF SMALL FALLS AND RAPIDS – PORT. S. SIDE 350 PACES – TRAIL WELL USED
L32 – SPOT SUITABLE FOR CAMPING
L31 – RAPIDS – PORT. W. SIDE 70 PACES
L30 – FALLS – PORT. 25 PACES
L29 – RAPIDS – PORT. 200 PACES N. SHORE
L28 – FALLS – PORT. 200 PACES N. SIDE
L27 – RAPIDS – PORT. 200 PACES E. SHORE
L26 – FALLS – PORT. 130 PACES N. SIDE
L25 – RAPIDS – PORT. 160 PACES N. SIDE

LEYOND RIVER

THIS PORTION OF ROUTE DOES NOT FOLLOW LEYOND RIVER

L1 – WILD RICE FILLED LAKE – CREEK IN THIS AREA MAY NOT BE NAVIGABLE IN DRY TIMES
L2 – CREEK ENTRANCE NOT EASILY FOUND AND MUST NOT BE CONFUSED WITH OTHER STREAMS
L3 – PORT. 250 PACES OVER HIGH ROCK – NOT WELL MARKED
L4 – PORT. 950 PACES – W. END BEGINS IN FLOATING BOG – A LITTLE DIFFICULT TO FOLLOW IN PLACES
L5 – LAKE – AREA COVERED WITH YOUNG PINE
L6 – FALLS – PORT. 90 PACES OVER ISLAND – PENINSULA
L7 – FALLS – PORT.

L24 – SERIES OF 4 RAPIDS NUMBERED FROM BOTTOM – (1) FIRST CHANNEL SHOT – (2) RAPIDS – PORT. 230 PACES E. SIDE – (3) RAPIDS SHOT – (4) NARROW GORGE, 20 FT. FALLS – PORT. 330 PACES E. SHORE
L23 – RAPIDS–ROPED CANOES
L22 – RAPIDS–ROPED CANOES
L21 – RAPIDS – PORT. S. SIDE 200 PACES
L20 – TWO NARROW CHANNELS–ROPED CANOES
L19 – RAPIDS–PORT. 50 PACES E. SIDE

L18 – RAPIDS–ROPED – 10FT. FALLS – SHORT PORT. W. SIDE
L17 – SERIES OF RAPIDS – PORT. LOWER SET – SHOT OR ROPED OTHERS
L16 – RAPIDS – ROPED
L15 – CAMPING SPOT ON ROCK IN SWAMP BUT MOSQUITOES BAD
L14 – RAPIDS – ROPED
L13 – SWAMP
L12 – RAPIDS – PORT. 70 PACES E. SIDE
L11 – RAPIDS – ROPED
L10 – CAMPING SPOT ON S. SHORE
L9 – FALLS – PORT. 70 PACES E. SIDE
L8 – TWO RAPIDS – LOWER ROPED – UPPER PORT.

S-K61 – SCENIC CHANNEL
S-K60 – ISLANDS AND POINT SUITABLE FOR CAMPING
S-K59 – LARGE FLAT ROCK
S-K58 – CAMPING SPOT – SANDY BEACH
S-K57 – NUMBER OF BAYS MAKING FINDING OF CHANNEL DIFFICULT
S-K56 – NARROW SWIFT CHANNEL – GOOD FISHING
S-K55 – "SHINING FALLS" – 40 FT. DROP – PORT. S. SIDE 350 PACES – GOOD LOOKOUT POINT NEARBY

S-K54 – LITTLE GRAND RAPIDS DROP 20 FT. – PORT. 200 PACES E. SHORE – FAST WATER BELOW RAPIDS – ROPED
S-K53 – LITTLE GRAND RAPIDS INDIAN SETTLEMENT – FORESTRY STATION, NURSING STATION, GENERAL STORES, ETC.

FISHING LAKE
FAMILY LAKE
I.R.
FAMILY LAKE
DOGSKIN RIVER

S-K42 – "BEAR ISLAND" – CAMPING SPOT ON POINT

S-K34 – SWAMPY CREEK IN BAY JUST OFF MAIN CHANNEL
S-K33 – SHALLOW LAKES – SWAMPY SHORELINES
S-K32 – SHORT CUT IN HIGH WATER TIMES
S-K31 – CREEK ON W. SIDE OF HIGHEST ROCK IN AREA
S-K30 – GOOD CAMPING SPOT ON ISLAND
S-K29 – CREEK–PORT. 530 PACES E. SIDE
S-K28 – PORT. 300 PACES INTO TINY LAKE
S-K27 – LONG PORT – 2900 PACES – ENDS ON ROCK POINT
S-K26 – PORT BEGINS ON ROCKY SLOPE W. OF SWAMPY BAY

S-K25 – PORT. 725 PACES – EASY TO FOLLOW BUT MAY BE HARD TO FIND
S-K24 – PORT. 330 PACES
S-K23 – PORT. 400 PACES
S-K22 – SCENIC AREA
S-K21 – PORT. 300 PACES ON ROCK AND SWAMPY GROUND

S-K18 – RIVER HAS HIGH ROCK BANKS
S-K17 – GOOD CAMPING SPOT
S-K16 – FALLS – PORT. N. SIDE – 240 PACES
S-K15 – SWAMPY RIVER – MOSQUITO COUNTRY
S-K14 – OLD INDIAN ROCK PAINTINGS – ON HIGH ROCK – N. BANK APPROX. 4 FT. ABOVE WATER
S-K13 – FALLS – PORT. E. SIDE 330 PACES
S-K12 – INDIAN PAINTINGS – W. SHORE – JUST W. OF N. TIP OF ISLAND

S-K20 – GOOD CAMPING SPOTS
S-K19 – CHANNEL – HIGH ROCK ON S. SIDE

D76 – "DOGSKIN RIVER" – RICH GROWTH ALONG BANKS
D75 – "WHITEFISH RAPIDS" SHOWN ON SOME OLD MAPS – FOUND TO BE NON-EXISTENT
D74 – RAPIDS – PORT. 260 PACES N. SIDE
D73 – RAPIDS – PORT. 150 PACES N. SIDE
D72 – "GRASSY LAKE" – BEAUTIFUL GROWTH
L71 – PORT. 970 PACES – BEGINS AT DAM
L70 – "OBUKOWIN LAKE" – FULL OF WILD RICE – CONTROLLED BY DAM AT N. END

B35 – FAST WATER
B34 – FALLS – ROPED CANOES
B33 –
B32 – FAST WATER
B31 – ROCK ON N. SHORE SUITABLE FOR CAMPING
B30 – FALLS – PORT. 75 PACES E. SHORE
B29 – SMALL ISLAND SUITABLE FOR ONE TENT
B28 – TRAVERSE MARKER USED FOR MAPPING
B27 – RAPIDS – SHOT N. SIDE
B26 – GOOD CAMPING SPOT

B46 – FALLS – 4 FT. DROP – DANGEROUS AREA – PORT. N. SIDE
B45 – FALLS – PORT. 20 PACES
B44 – RAPIDS – PORT. 25 PACES OVER CENTRE ISLAND
B43 – RAPIDS – USED N. CHANNEL – ROPED AND PORT.
B42 – RAPIDS – SHOT
B41 – RAPIDS – ROPED CANOES N. SIDE
B40 – SMALL ISLAND SUITABLE FOR ONE TENT
B39 – RAPIDS – SHOT
B38 – RAPIDS – ROPED CANOES N. SIDE
B37 – FALLS – ROPED CANOES
B36 – ISLAND SUITABLE FOR CAMPING

B56 – NARROW CHANNEL – FAST WATER
B55 – LONG SECTION OF ROUGH WATER
B54 – FALLS – PORT. 340 PACES W. SIDE
B53 – RAPIDS – PORT. 140 PACES N. SHORE – TRAVERSE MARKER
B52 – FALLS – PORT. 590 PACES N. SIDE – WELL USED TRAIL
B51 – RAPIDS – ROPED E. SHORE
B50 – USE N. CHANNEL – FALLS – PORT. 235 PACES N. SIDE
B49 – RAPIDS – ROPED
B48 – LONG PORT NECESSARY TO BYPASS FALLS – 1050 PACES N. SIDE – TRAIL BLAZED
B47 – FALLS – PORT 150 PACES E. SIDE

BLOODVEIN RIVER

S-K1 – FALLS 25 FT. – PORT. 100 PACES
S-K2 – SWAMPY AREA
S-K3 – FALLS – PORT. 70 PACES N. SIDE
S-K4 – RAPIDS
S-K5 – 10 FT. FALLS ON STREAM ENTERING RIVER
S-K6 – RAPIDS
S-K7 – RAPIDS – PORT. 250 PACES N. SIDE
S-K8 – RAPIDS – PORT. 75 PACES – S. SIDE
S-K9 – FALLS – PORT. 150 PACES S. SIDE
S-K10 – MANY ISLANDS – EASY TO GET LOST

SASAGINNIGAK RIVER

SASAGINNIGAK LAKE

S-K11 – FORESTRY STATION
N25 – RAPIDS – CANOES ROPED
N24 – INDIAN PAINTINGS ON ROCK – AT CORNER BEFORE FALLS – NOT VERY DISTINCT
N23 – COLOURFUL TREES ALONG SHORE
N22 – RAPIDS – PORT. 3 SIDE – 460 PACES

S1 – RAPIDS AT CREEK MOUTH – PORT. 190 PACES
S2 – RAPIDS – CANOES ROPED
S3 – FALLS – PORT. 266 PACES N. SIDE
S4 – NARROW CHANNEL – HIGH ROCK SHORELINE
S5 – FALLS – PORT. 70 PACES S. SIDE – GOOD TRAIL
S6 – THIS CREEK SHALLOW AND SWAMPY – NOT RECOMMENDED
S7 – RAPIDS – CANOES ROPED
S8 – CREEK ENTRANCE FILLED WITH ROCKS
S9 – RAPIDS – PORT. 100 PACES N. SIDE

S10 – FALLS – PORT. 50 PACES S. SIDE
S11 – RAPIDS – PORT 200 PACES E. SIDE
S12 – FALLS – PORT. 160 PACES S. SIDE
S13 – NARROW CHANNEL – PORT. 100 PACES N. SIDE
S14 – GOOD ISLAND FOR CAMPING

S21 – PORT. 1400 PACES – EASILY FOLLOWED ONCE FOUND
S20 – PORT 170 PACES TO "MOSQUITO LAKE"
S19 – PORT. 380 PACES TO "RED LAKE"
S18 – "LITTLE SEAGULL LAKE" – TRANS. FROM CREE

S17 – PORT. 900 PACES
S16 – SANDY BEACH AT N. END OF PORT.
S15 – PORT. 1440 PACES – GOOD TRAIL

D69 – PORT. 460 PACES – GOOD TRAIL
D68 – POINT SUITABLE FOR ONE TENT
D67 – "U" CHANNEL – ROCK ONE SIDE, SWAMP THE OTHER
D66 – NARROW CHANNEL, ROCKS – SHOT

D65 – GOOD CAMPING SPOTS ON SHORELINE
D64 – IRWIN CREEK – "PICKEREL RAPIDS" – PORT. 350 PACES N. SIDE
D63 – RAPIDS – ROPED CANOES
D62 – RAPIDS – ROPED CANOES
D61 – "SANDHILL RAPIDS" – PORT. 150 PACES S. SHORE
D60 – "LONG RAPIDS" – PORT. N.W. SIDE 370 PACES
D59 – FAST WATER
D58 – FAST WATER
D57 – "CUMMING LAKE" – SHORT FOR INDIAN NAME MEANING "BIG FISH"

W15 – BLACK LAKE – GOOD CAMPING SPOT
W14 – CREEK – PORT. 325 PACES N. SHORE WHERE CREEK NARROWED
W13 – PORT 200 PACES
W 2 – PORT 220 PACES
W11 – PORT 150 PACES
W10 – PORT. 200 PACES
W 9 – PORT. 900 PACES – NOT WELL MARKED
W8 – CREEK – RAPIDS – PORT 35 PACES W. SIDE
W 7 – PORT. 350 PACES – "LILLY LAKE"
W6 – TRAPPER'S CABIN
W5 – PORT. 200 PACES
W4 – NARROW CREEK – TOOK W. CHANNEL WHERE CREEK DIVIDED AND PORT RAPIDS – W. SIDE
W3 – LAKE – SHALLOW, WEEDY
W2 – NARROW WINDING CREEK – OVERGROWTH – BEAVER DAMS – 4 SETS RAPIDS – LAST 2 MUST PORT.
W1 – PORT 300 PACES – GOOD TRAIL

D56 – RAPIDS – PORT. 130 PACES E. SIDE – GOOD TRAIL
D55 – RAPIDS – ROPED CANOES
D54 – RAPIDS – PORT 280 PACES E. SIDE
D53 – RAPIDS – PORT. 390 PACES W. SHORE – GOOD TRAIL
D52 – SPOT SUITABLE FOR CAMPING
D51 – RAPIDS – ROPED CANOES
D50 – IRWIN LAKE – DEEP – WELL FORESTED SHORE
D49 – PORT. 540 PACES – WELL USED
D48 – PORT. 180 PACES
D47 – NARROW CHANNEL
D46 – LONG PORT USED (WESTERN ONE) INSTEAD OF 2 VERY SWAMPY SHORT PORT. – 1080 PACES – FAIR TRAIL
D45 – PORT. 75 PACES

D44 – HOBBS LAKE – ISLANDS SUITABLE FOR CAMPING
D43 – PORT. 400 PACES – NOT EASY TO FOLLOW
D42 – SHALLOW CHANNEL BETWEEN TWO LAKES
D41 – PORT. 70 PACES – ROCK AND SWAMP
D40 – PORT. 280 PACES
D39 – PORT. 170 PACES – GOOD TRAIL
D38 – PORT. 170 PACES
D37 – PORT. 270 PACES – HARD TO FIND BUT EASILY FOLLOWED

D36 – PORT. 250 PACES – S.W.–N.E. DIRECTION
D35 – PORT. 750 PACES – HARD TO FOLLOW
D34 – PORT. 1600 PACES – EASY TO LOSE IN A FEW SPOTS
D33 – PORT. AROUND OLD BEAVER DAM
D32 – USE CREEK IF ENOUGH WATER OR PORT E. SIDE
D31 – BEAVER DAM – ARM OF ARTERY LAKE
D30 – NARROW SWAMPY CHANNEL

N21 – TWO SANDY BEACHES
N20 – "WHITE FALLS" (20') – PORT. N. SIDE – 125 PACES
N19 – FALLS – PORT. 30 PACES N. SIDE
N18 – FALLS – PORT. 600 PACES S. SIDE
N17 – RAPIDS – CANOES ROPED
N16 – RAPIDS – PORT. 100 PACES N. SIDE
N15 – FAST WATER
N14 –
N13 – RAPIDS – CANOES ROPED

NOTE: FOR MISSING PORTION OF THE BLOODVEIN ROUTE REFER TO THE KAUTUNIGAN ROUTE MAP

P4 – BIG ISLAND – GOOD CAMPING SPOTS
P3 – N. END TRAIL FOLLOWS BOTTOM OF CLIFF ALONG W. SIDE OF FLOATING BOG
P2 – "LONG PORT" (100 CHAINS) – TRAIL FAIR – SOME WINDFALL AND SWAMP
P1 – "TURN OFF" FOR LONG PORT. NOT TOO EASY TO FIND – TRAIL BEGINS IN MARSH AT NARROW END OF ARM

N12 – RAPIDS – CANOES ROPED – "NO NAME LAKE"
N11 – RAPIDS – PORT.
N10 – TRAPPER'S CABINS – GOOD CAMPING SPOTS

SEE NOTE

F9
F8
F7
F6
F5
F4
F3
F2
F1

N 9 – MOUTH OF CREEK
N 8 – RAPIDS – PORT. N. SHORE
N 7 – RAPIDS – PORT. 600 PACES N. SIDE – STEEP CLIMB
N 6 – CREEK BEGINS IN SWAMPY BAY
N 5 – PORT. 250 PACES
N 4 – PORT. 220 PACES N. SIDE
N 3 – CREEK – SEVERAL BEAVER DAMS
N 2 – SMALL LAKES
N 1 – PORT. 500 PACES – DIFFICULT TO FOLLOW

B18 – GOOD ISLANDS FOR CAMPING
B17 – FAST WATER – SHOT
B16 – FALLS – PORT – 50 PACES – N. SIDE
B15 – "BRUISEASY FALLS" – PORT. 50 PACES S. SIDE
B14 – "BUSHEY LAKE" – WEEDY
B13 – "NUTCRACKER FALLS" – PORT – 80 PACES – S. SIDE
B12 – RAPIDS – SHOT UPPER PART – PORT. LOWER – 40 PACES – N. SIDE
B11 – RAPIDS – ROPED CANOES S. SIDE
B10 – INTERESTING POPLAR STAND – N. SHORE

B25 – FALLS – PORT. 200 PACES – W. SIDE
B24 – "TRIANGLE FALLS" – 3 SETS – UPPER FALLS SHOT – LOWER TWO PORT ON ISLAND SEPARATING THEM
B23 – RAPIDS – PORT. E. SIDE – 300 PACES OVER HILL
B22 – RAPIDS – CANOES ROPED
B21 – "30 FT. FALLS" (IMPRESSIVE) – PORT. 460 PACES – N. SIDE
B20 – "STONEHOUSE FALLS" PORT 50 PACES – S. SIDE
B19 – INTERESTING ROCK FORMATION – W. SHORE

NOTE: FOR REMAINDER OF GAMMON ROUTE TO JUNCTION WITH THE BLOODVEIN REFER TO KAUTUNIGAN ROUTE MAP

T4 – STONEHOUSE LAKE
T3 – PORT. – 850 PACES – GOOD TRAIL
T2 – POINT SUITABLE FOR ONE TENT
T1 – PORT. – 1200 PACES – STARTS IN SMALL SWAMPY ARM – GOOD TRAIL
G18 – RAPIDS – PORT E. SIDE – 40 PACES
G17 – FALLS – PORT E. SIDE – 120 PACES
G16 – RAPIDS – SHOT
G15 – RAPIDS – SHOT
G14 – SWIFT WATER
G13 – FALLS – PORT. 20 PACES
G12 – FALLS – PORTAGE E. SIDE – 30 PACES
G11 – GOOD ISLANDS FOR CAMPING
G10 – TOURIST CAMP
G 9 – AIKENS LAKE – GOOD FISHING

BLOODVEIN RIVER

GAMMON RIVER

B9 – RAPIDS – ROPED CANOE E. SHORE
B8 – "MOOSE BONE RAPIDS" – SHOT FIRST SET – PORT. LOWER PART – 40 PACES E. SIDE
B7 – SPLIT ROCK – S. SHORE – INDIAN LEGEND SAYS PEOPLE USED TO JUMP ACROSS THE GAP
B6 –
B5 – RAPIDS – SHOT
B4 – RAPIDS – CANOES ROPED
B3 – RAPIDS – PORT. 30 PACES S. SHORE
B2 – GOOD ISLAND FOR CAMPING
B1 – RAPIDS – PORT. OVER CENTRE ISLAND

D29 – INDIAN PAINTINGS ON HIGH ROCK – SOUTH SHORE
D28 – ARTERY LAKE
D27 – SWAMPY CHANNEL
D26 – PORT. – 1 MILE OVER HIGH ROCK – NOT MARKED – BEGINS AND ENDS IN SWAMPS
D25 – SHALLOW LAKE
D24 – PORTAGE – 1/2 MILE – S. END STARTS IN SWAMP – TRAIL NOT MARKED
D23 – ISLAND – SUGGESTED CAMPSITE BEFORE PROCEEDING

NOTE: FOR ALTERNATE ROUTE TO AIKENS LAKE REFER TO KAUTUNIGAN ROUTE MAP

AIKENS LAKE

CRAVEN LAKE

RIVER

G8 – GOOD CAMPING SPOTS – S. SHORE
G7 – FALLS – PORT. S. SIDE – 50 PACES – GOOD TRAIL
G6 – RAPIDS – PORT. N. SIDE – 50 PACES
G5 – "CARLSON FALLS" (30 FT) – PORT. N. SIDE – 150 PACES
G4 – FAST WATER – SHOT
G3 – GAMMON RIVER – SCENIC
G2 – RAPIDS – SHOT
G1 – GOOD ISLAND FOR CAMPING

D22 – GOOD PENINSULA FOR CAMPING
D21 – HIGH HILL – VANTAGE POINT
D20 – "BROKEN BOAT FALLS" – PORT. E. SIDE 30 PACES
D19 – HIGH ISLAND – GOOD VANTAGE POINT
D18 – OLD FISHING CAMP
D17 – PROCEED NORTHEAST

CARROLL LAKE

OBUKOWIN LAKE

WALLACE LAKE

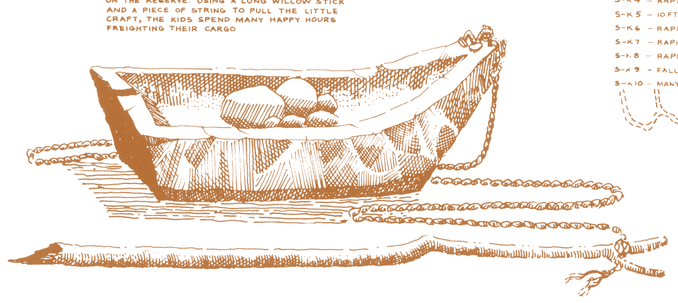
D16 –
D15 – GOOD ISLANDS FOR CAMPING
D14 – CARROLL LAKE
D13 – FALLS – CANOE ROPED ALONGSIDE
D12 – NAVIGABLE RIVER

D1 – WALLACE LAKE PROVINCIAL RECREATION AREA
D2 – CREEK TO SIDEROCK LAKE
D3 – CREEK ENTRANCE – USE NORTH CHANNEL
D4 – GOOD POINT FOR CAMPING

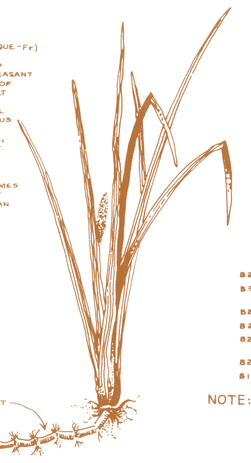
SIDEROCK LAKE

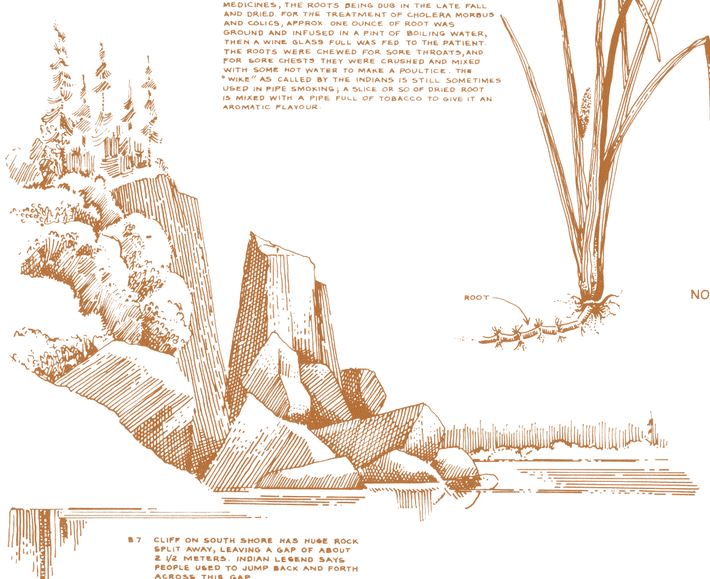
D11 – GOOD ISLANDS FOR CAMPING
D10 – PORTAGE ENDS ON POINTED ROCK
D9 – PORTAGE – 800 PACES – DIFFICULT TO FOLLOW
D8 – TRAIL ENDS IN SWAMPY SHORELINE
D7 – PORTAGE – NOT WELL MARKED – SWAMP AND ROCK
D6 – NORTH END OF PORTAGE IS IN FLOATING SWAMP
D5 – PORTAGE – 2500 PACES – STARTS NEAR LOG CABIN AND CROSSES E–W TOWNSHIP LINE WITH MARKER NEAR TRAIL

A WOODEN HAND CARVED TOY, COMMONLY SEEN ON THE RESERVE. USING A LONG WILLOW STICK AND A PIECE OF STRING TO PULL THE LITTLE CRAFT, THE KIDS SPEND MANY HAPPY HOURS FREIGHTING THEIR CARGO



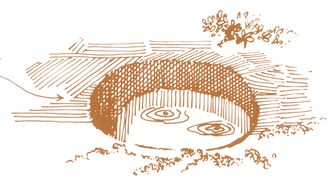
SWEET FLAG (ACORUS CALAMUS – L.) (BELLE ANGÉLIQUE – Fr.) OF THE DUCKWEED FAMILY IS SOMETIMES CONFUSED WITH WILD GINGER BECAUSE OF ITS SPICY ROOT. THIS PLANT, HAVING LONG FLAT LEAVES AND GIVING A PLEASANT ODOR WHEN BROKEN, GROWS IN OR AT THE EDGES OF SWAMPS AND WET AREAS. IT IS A COMMON MUSKRAT FOOD AND WAS USED ALSO IN THE PREPARATION OF MEDICINES. THE ROOTS BEING DUG IN THE LATE FALL AND DRIED FOR THE TREATMENT OF CHOLERA MORBUS AND COLICS, APPROX. ONE OUNCE OF ROOT WAS GROUND AND INFUSED IN A PINT OF BOILING WATER, THEN A WINE GLASS FULL WAS FED TO THE PATIENT. THE ROOTS WERE CHEWED FOR SORE THROATS, AND FOR SORE CHESTS THEY WERE CRUSHED AND MIXED WITH SOME HOT WATER TO MAKE A POULTICE. THE "WIKE" AS CALLED BY THE INDIANS IS STILL SOMETIMES USED IN PIPE SMOKING; A SLICE OR SO OF DRIED ROOT IS MIXED WITH A PIPE FULL OF TOBACCO TO GIVE IT AN AROMATIC FLAVOUR.

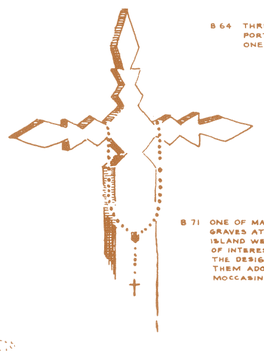




B57 CLIFF ON SOUTH SHORE HAS HUGE ROCK SPLIT AWAY, LEAVING A GAP OF ABOUT 2 1/2 METERS. INDIAN LEGEND SAYS PEOPLE USED TO JUMP BACK AND FORTH ACROSS THIS GAP

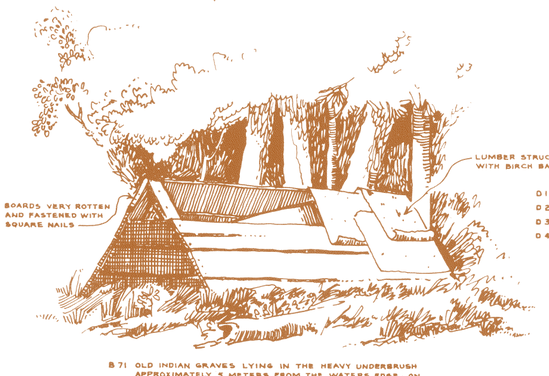
B64 THREE ROCK KETTLES ON THE PORTAGE TRAIL. THE BIGGEST ONE IS 1 METER IN DIAMETER





B71 ONE OF MANY CROSSES MARKING GRAVES AT THE OLD CEMETERY ON THE ISLAND WEST OF THE BLOODVEIN RESERVE. OF INTEREST IS THE INDIAN MOTIF USED IN THE DESIGN OF THESE MARKERS, SOME OF THEM ADORNED WITH ROSARIES MADE OF MOCCASIN BEADS

BISSETT



B71 OLD INDIAN GRAVES LYING IN THE HEAVY UNDERBRUSH APPROXIMATELY 5 METERS FROM THE WATERS EDGE, ON THE OPPOSITE BANK OF THE RIVER FROM THE FORESTRY TOWER. THE STRUCTURES MEASURE ROUGHLY ABOUT 1 1/2 METERS LONG WITH A WIDTH AND HEIGHT OF 1/2 METER

MOOSE PAINTING ON THE WEST SHORE AT B69 (BLOODVEIN RIVER)

SETS OF PAINTINGS AT SASAGINNIGAK SK 12 AND SK 14

ROCK PAINTINGS ON EAST SHORE BETWEEN B 68 AND B 69

NOTE – FRIAR LAKE ROUTE
F 1 – ROUTE TURNS – PORT. 20 PACES OVER BUSH AND BEAVER DAM
F 2 – TWO NARROW CHANNELS
F 3 – CREEK – PORT. E. SIDE 75 PACES – ROCKS AND BEAVER DAMS
F 4 – SHALLOW LAKE CONTROLLED BY BEAVER DAM
F 5 – SHALLOW LAKE
F 6 – PORT. E. SIDE 150 PACES – FOLLOWS ROCK RIDGE
F 7 – "FRIAR LAKE" – PORT. W. SIDE 375 PACES INTO H13
F 8 – "THUMB LAKE"
F 9 – PORT. 300 PACES

NOTE ON THE WEST SHORE AT THE OUTLET OF KAUTUNIGAN LAKE, WHITE PAINT ON GRANITE

NOTE:
IT IS SUGGESTED THAT ANYONE TAKING A CANOE TRIP IN THIS AREA OBTAIN A SET OF NATIONAL TOPOGRAPHIC MAPS AVAILABLE FROM THE SURVEYS BRANCH OF THE MANITOBA DEPARTMENT OF MINES AND NATURAL RESOURCES.

Mi. 0 1 2 3 4 5 6 Mi.
Km 0 1 2 3 4 5 6 7 8 9 10 Km

MANITOBA CONSERVATION

MAN 1680D B.Wm.S.

MG-765

CAUTION:
This Canoe Route is to be used for general information; it is not a navigational chart. It was prepared in the summers of 1962 & 1964, and the information recorded, including information with respect to the volume and velocity of water, reflects only the conditions which existed at that time. Because of the constantly changing nature of the waterway, this Canoe Route should be referred to with extreme caution, and only in conjunction with topographical maps and other available data.

Illustrations by B.Wm.S.