

Age Friendly Stonewall / RM Rockwood

Activities Report June 2015 to May 2017

- June 2015 – New Horizons for Seniors Grant for senior playground equipment in Stonewall, Stony Mountain and Balmoral.
- June 2015 – Age Friendly Connecting Communities Interlake District in Gimli.
- Sept 2015 – Walking Club initiated and partnered with 55+, incorporating Exercise Equipment.
- December 2015 – Exploring the Continuum of Senior’s Engagement (Isolation).
- March 2016 – “Steppin’ Out” brochure with map of sidewalks and trails; Exercise plaques.
- April 2016 – Participated in the South Interlake Business Expo. Good exposure and inside.
- Accessibility for Manitobans Act – Workshop April 13.
- May 2016 – 33rd Annual Centre on Aging Spring Research Symposium, U of M.
- August 2016 – Bus tour on Handivan during Quarry Days to Standard Limestone Quarries.
- September 14, 2016 – Caregiver presentation at Stonewall Library.
- October 14, 2016 – Presentation on, It’s Not Right! Neighbours, Friends & Families for Older Adults; Keeping Seniors Safe from Elder Abuse.
- Finance: Noventis Credit Union in Gimli.
- October 26, 2016 - Interlake Region Age-Friendly Connecting Communities Day in Teulon hosted by Seniors and Healthy Aging Secretariat, MB.
- December 5, 2016 – Presentation on Palliative Care.
- January 17, 2017 - A core group of Palliative Care board and Age Friendly was initiated to gather information and study the feasibility of a Palliative Care Hospice.
- January 19, 2017 Conference: Self-Care for the Caregiver.
- February 2017 – SCAM PREVENTION poster.
- April 22, 2017 Presentation, “Helping Families Care for Seniors” Excellent website. Where Next? A Path for Caregivers.
- April 2017 – Bike Rack at 55+.
- May 1, 2017 – Let No One Be Alone week. Partnered with South Interlake Senior Resource and South Interlake Fifty-Five Plus to hold a ‘coffee break’.
- May 1 & 2, 2017 34th Annual, Centre on Aging Spring Research Symposium, U of M.

- May 7, 2017 – Hike for Hospice with Palliative Care.
- May 29, 2017 – Meeting with core group of Palliative Care.

Creating a Community Committed to Healthy Active Aging