

# Food and Nutrition Questions for Families

To serve your family better, we would like to learn more about your child's food tastes, family customs and routines around food and eating. Please take a moment to answer the following questions:

1. What are your child's food preferences (likes)?

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2. Does your child have any food allergies? Please list.

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If yes, what signs indicate your child is having an allergic reaction and what do you do about it?

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3. Does your family follow any religious or cultural food restrictions (foods you do not eat) or other food-related practises or customs? Please explain.

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4. Are there any other food restrictions that your family practises? Please list.

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5. Does your child have any other special nutritional needs? Please explain.

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6. Are there any special feeding instructions for your child that we should be aware of?

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7. Please add any other comments or concerns you have about food or nutrition related to your child.

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