To serve your family better, we would like to learn more about your child’s food tastes, family customs and routines around food and eating. Please take a moment to answer the following questions:

1. What are your child’s food preferences (likes)?

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____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

2. Does your child have any food allergies? Please list.

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____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

If yes, what signs indicate your child is having an allergic reaction and what do you do about it?

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____________________________________________________________________
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3. Does your family follow any religious or cultural food restrictions (foods you do not eat) or other food-related practises or customs? Please explain.

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____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
4. Are there any other food restrictions that your family practises? Please list.

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5. Does your child have any other special nutritional needs? Please explain.

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6. Are there any special feeding instructions for your child that we should be aware of?

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7. Please add any other comments or concerns you have about food or nutrition related to your child.

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