HEALTHY BABY

Winnipeg Community Support Programs

- Support before and after your baby is born
- Parenting Tips
- Nutrition Activities
- Bonding with your Baby
- Milk Coupons
- Bus Tickets

Downtown & Wolseley:

Healthy Start
204-949-5350
Freight House Comm. Centre
Door 1-200 Isabel St.
Magnus Elason Rec. Centre
430 Langside St.
St. Peter’s Lutheran Church
65 Walnut Street

Newcomers to Canada
Freight House Comm. Centre
Door 1-200 Isabel
(with interpreters)

Building Healthy Families
204-471-3680
Crossways
222 Furby St. (lower level)

St. Vital:

Family Foundations
204-946-9153
Barbara Mitchell Family Res. Centre;
51 Morrow Ave.

Baby and Me
204-255-4840
The United Church in Meadowood
111 Dakota St.
(across from Collège Jean -Sauvé)

Young Expectations
204-255-4840
Youville Centre
6-845 Dakota St.

North End & McPhillips:

NorWest Baby Steps
431-276-2647
785 Keewatin St.

Healthy Start
204-949-5350
Hope Centre
240 Powers St.
Maples Community Centre
434 Adsum Dr.
Turtle Island Community Centre
510 King St.
St. John’s Leisure Centre
601 Aikins St.

Families Connecting
204-947-2422 ext.113
Seven Oaks Adult Learning Centre
950 Jefferson Ave

River & Osborne:

Families Connecting
204-947-2422 ext.113
Fort Rouge Leisure Centre
625 Osborne Street.
Mayfair Recreation Centre
40 Mayfair Pl.

Charleswood & St. James:

Great Expectations
204-831-5950
Westgrove School
50 Westgrove Way
Sturgeon Heights Comm. Centre
210 Rita St.
Heritage-Victoria Comm. Centre
950 Sturgeon Rd.

Transcona, East & North Kildonan:

Families Connecting
204-947-2422 ext.113
Transcona Memorial United Church
209 Yale Ave. W
Access River East
975 Henderson Hwy.

East Elmwood Community Centre
490 Keenleyside Street
Young Parents Connecting
204-223-9450
Salisbury Morse Place School
794 Prince Rupert Ave.

Fort Garry & St. Boniface:

Healthy Start
204-949-5350
Trinity United Church
933 Summerside Ave.
Access St Boniface
170 Goulet St

Bébé en santé
204-237-9666 ext. 216
Fédération des parents de la francophonie manitobaine (FFFM)
2-622 ave. Taché
(Services in French)