



HEALTHY BABY

Winnipeg Community Support Programs

- Support before and after your baby is born
- Parenting Tips • Nutrition Activities • Bonding with your Baby • Milk Coupons • Bus Tickets

Downtown & Wolseley:

**Valour Community Centre
Baby Circle**
204-775-3869
Valour Community Centre
715 Telfer St. N

West Central Women's Centre
631 Ellice Ave.

Healthy Start for Mom & Me
204-949-5350
Freight House Comm. Centre
Door 1-200 Isabel St.

Magnus Eliason Rec. Centre
2nd floor-430 Langside St.

Wolseley Family Place
Lower Level-691 Wolseley Ave.

Knox United Church
400 Edmonton St.
(Newcomers to Canada)

Building Healthy Families
204-560-1396
Crossways in Common
102-222 Furby St.

St. Vital:

Family Foundations
204-946-9153
Barbara Mitchell Family Res.
Centre;
51 Morrow Ave.

Baby and Me
204-255-4840
The United Church in Meadowood
1111 Dakota St.
(across from Collège Jean -Sauvé)

Young Expectations
204-255-4840
Youville Centre
6-845 Dakota St.

North End & McPhillips:

Baby Feathers
204-982-4425 or 204-982-4563
NorWest Co-op Comm. Food
Centre, 103-61 Tyndall Ave.

Healthy Start for Mom & Me
204-949-5350
Hope Centre
240 Powers St.

Maples Community Centre
434 Adsum Dr.

Turtle Island Community Centre
510 King St.
(Midwives*)

St. John's Leisure Centre
601 Aikins St.

Families Connecting
204-947-2422 ext.113
Gwen Sectar Creative Living
Centre; 1588 Main St.

River & Osborne:

Families Connecting
204-947-2422 ext.113
Lord Roberts Comm. Centre
725 Kylemore Ave.

Mayfair Recreation Centre
40 Mayfair Pl.

Charleswood & St. James:

Great Expectations
204-831-5950
Westgrove School
50 Westgrove Way

Sturgeon Heights Comm. Centre
210 Rita St.

Heritage-Victoria Comm. Centre
950 Sturgeon Rd.

Transcona East & North Kildonan:

Families Connecting
204-947-2422 ext.113
Transcona Memorial United
Church
209 Yale Ave. W

Braeside Church
1011 Munroe Ave.

Access River East
975 Henderson Hwy.
(evening classes)

Young Parents Connecting
204-223-9450
Salisbury Morse Place School
794 Prince Rupert Ave.

Fort Garry & St. Boniface:

Healthy Start for Mom & Me
204-949-5350
Trinity United Church
933 Summerside Ave.

Bébés, parents, et gazouillements
204-981-5904
Ecole Précieux-Sang
Centre de la petite enfance
209 Kenny St.
(Services in French)

Little Moccasins
204-586-8474
Windsor Park United Church
1062 Autumnwood Dr.

Access St Boniface
170 Goulet St.